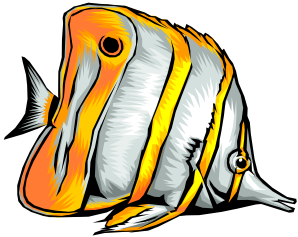


# FISH CAMP



- F** Find Your Attitude
- I** Insure Your Presence
- S** Show Them You Care
- H** Have Energy

**PLAY** Work made fun gets done, especially when we choose to do serious tasks in a lighthearted, spontaneous way. Play is not just an activity; it's state of mind that brings new energy to the tasks at hand and **sparks creative solutions**.

**MAKE THEIR DAY** When you "make someone's day" (or even moment) through a small kindness or unforgettable engagement, you can turn even routine encounters into **special memories**.

**BE THERE** The glue in our humanity is in **being fully present** for one another. Being there also is a great way to practice wholeheartedness and fight burnout, for it is those halfhearted tasks you perform while juggling other things that wear you out.

**CHOOSE YOUR ATTITUDE** When you look for the worst you will find it everywhere. When you learn **you have the power to choose**, you can look for the best and find opportunities you never imagined possible. If you find yourself with an attitude that is not what you want to be in the world, you can choose a new one.

Randy Dorn  
360-879-5172